



Assisting Individuals in Crisis

DATES:

May 25-26, 2027

TIME:

8:00am – 4:00pm

COST:

\$169

LOCATION:

WCTC
800 Main Street
Pewaukee, WI 53072

REGISTER ONLINE:

www.wctc.edu/cjtraining
Select Specialized Training



Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”.

This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Learning Objectives:

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Requirements:

- Note taking material(s)
- Laptop

Instructor:

With 29 years of law enforcement experience, including five years with the Wisconsin Department of Corrections and 24 years with the Washington County Sheriff's Office Patrol Division, Chad Beres brings extensive frontline experience and a passion for first responder wellness. As co-founder and co-coordinator of the Sheriff's Office Peer Support Team, Chad is dedicated to supporting fellow first responders through the unique challenges of their profession. Certified through the International Critical Incident Stress Foundation (ICISF), Chad is also the founder/co-founder of CM Frontline Services, LLC, providing support and resources to those who serve on the front lines.