

Modernized Police Training: Elite Coaching Methods with Rob Gray

DATES:

April 20-21, 2026

TIME:

8:30 a.m. - 4:30 p.m.

COST:

\$265

LOCATION:

WCTC 800 Main Street Pewaukee WI 53072

REGISTER ONLINE:

www.wctc.edu/cjtraining Select Specialized Training This two-day workshop introduces police instructors to elite-level coaching methods used by professional athletes, top-performing teams, and elite military and law enforcement trainers. Participants will learn how to apply these same principles to police training environments—building instruction that is more adaptable, realistic, and transferable to real-world encounters.

The course explores present-day, research-based methods for designing effective training—not just what to teach, but how and why to structure training that develops decision-making, adaptability, and performance under pressure. Instructors will leave with practical tools to modernize their approach and elevate outcomes from the training room to the street.

Who Should Attend:

This course will benefit Instructors across all topics, with particular value for those teaching hands-on subjects such as Defensive Tactics, Firearms, and Tactical Response. It is also applicable to Field Training Officers and members of Leadership looking to enhance the way training is delivered.

Instructor:

Dr. Rob Gray is a Professor at Arizona State University, an internationally recognized skill acquisition expert, and author of multiple books, including "How We Learn to Move". He also hosts the Perception & Action Podcast and has worked extensively with the U.S. Air Force, professional sports teams, and law enforcement agencies to bring cutting-edge performance science into real-world training.

