



C4C PJJ (Police Jiu Jitsu)

Level 1 Certification Course

DATES:

April 9-12, 2024

TIME:

8:00 a.m. – 4:30 p.m.

COST:

\$1045

LOCATION:

**WCTC
800 Main Street
Pewaukee WI 53072**

REGISTER ONLINE:

www.wctc.edu/cjtraining
Select Specialized Training



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C4CPJJ is a complete DT system based on the LEO's reasonable outcomes of control and then custody. The foundation level sets the foundation, and level one allows officers to progress over time, realizing growth in their personal ability within the DT program. As officers continue to improve and grow, they will develop increased confidence, capability, control, and compassion for subjects they may have to use force on. It is NOT a simple BJJ lesson plan called "LEO" Training."

C4CPJJ Level 1 includes a bonus foundation level for officers without experience in DT or combatives. This foundational level material is perfect for an academy setting, for officers in an FTO position, or for police departments who do not have a current control/grappling curriculum and wish to transition to this type of training.

Level 1 Course Topics Include:

- Use of Force
- Decision making
- De-escalation
- Contact communication
- Punch defense
- Control in solo officer & team settings (takedowns)
- Gun control & ground defense
- Handcuffing
- Weapon retention, weapon defense & more

Student Equipment:

- Appropriate attire for physical training (sturdy shirt/hoodie and BDU style pants). Clean tennis shoes for mats.
- Applicable duty gear to include gun belt if worn on duty, concealment garments if plainclothes
- Blue gun or Red Gun (if available for duty holster)
- Handcuffs, key and carrier/pouch
- BJJ Gi and rash guard/board shorts/no-gi gear optional
- 12 oz boxing gloves and/or MMA style gloves (no bag gloves)
- Mouthpiece
- Note-taking materials
- Water/snacks
- NO live weapons or ammo